Alex Alen

I trained as a Nurse in 1987 at University College Hospital London and have had a very varied nursing career in both the NHS and private sector. I am currently the senior sister of the day surgery unit at Torbay Hospital where I have been working for five years. Prior to Torbay I worked at University Hospital Plymouth where I managed one of their day case and pre assessment units.

I have an interest in Human Factors in healthcare which has led me to become part of the faculty at Torbay Hospital teaching Human Factors to the multi-disciplinary team.

 I also work for Newcross Healthcare as part of the clinical governance team where I support nurses in all areas of healthcare using teaching, reflections policies and guidance, with particular interest in supporting complex care in the community

I have been a member of BADS council for three years and am keen to increase the nursing profile within day surgery.