Dr Nigel Sturrock

Regional Medical Director

NHS England and NHS Improvement – Midlands

Nigel began his career in the NHS in 1984 working as a mortuary attendant during his summer holidays in between his medical studies.  He graduated in 1988 and worked as a Consultant Physician in Diabetes and Endocrinology in Nottingham from 1997; combining that with a series of Medical leadership roles covering both medical and surgical specialities, firstly at Nottingham City Hospital then as part of Nottingham University Hospitals NHS Trust.  He became Executive Medical Director at Derby Teaching Hospitals NHS Foundation Trust in March 2014 and held that post until March 2018. In April 2018, he became the NHS Improvement Regional Medical Director for Midlands and East, before taking up the NHS England and NHS Improvement Regional Medical Director post in the Midlands region in April 2019.

The remit for the Regional Medical Director post includes Professional Regulation, Quality oversight, assurance and improvement, System leadership and clinical advice, overseeing commissioning from a clinical perspective, Caldicott Guardian and Chief Clinical Information Officer. He and his team work with all the Regional Directorates to deliver the shared quality agenda. They also have close working relationships with Integrated Care Systems, as well as with the CQC, HEE, GMC and NMC. Nigel sees his main priority to shift the emphasis of NHS England to supporting the recently created Integrated Care Boards and systems to raise the quality standard across primary, community, mental health, secondary and tertiary care and to reduce inequalities.