**BSCOS Chronic pain in children and young people**

Pain is strange. There are many apparent inconsistencies and unhelpful assumptions about pain that it can make managing patients difficult and frustrating for all. Despite up to 5% of children living with impactful pain and pain being a major association with disability in young adults there are few clear pathways of care. This talk will address some of these points and elaborate on both the epidemiology of chronic pain in children and young people and advances in scientific understanding of pain processing. It is hoped this will guide an approach to care in which we all have a stake.