**From Delirium to Reality – Louise Gallie** *[presentation title]*

*[Bio:]*

Louise is a patient of University Hospitals Plymouth and lives with a rare condition known as Achalasia. Sadly there is no cure, but palliative treatments are available including a laparoscopic Heller Myotomy (HM).

In 2018, after an elective HM procedure and a rapid decline during recovery, Louise was given lifesaving surgery and placed into a medically induced coma, in which she would remain for 10 days.

During her 13 days stay in ICU, she experienced severe delirium, placing her in a constant state of terror and confusion. Louise experienced terrifying scenarios in which she could sense everything.

Lasting several days into step down onto an acute ward, Louise spent a total of 86 days in the hospital.

Louise now has hopes of changing career into the healthcare sector, is a passionate patient advocate/public speaker and volunteers in her spare time in the same hospital that saved her.

Louise’s blog, [www.deliriumtoreality.com](http://www.deliriumtoreality.com/), shares her story from ICU, recovery, and beyond.

*[Abstract:]*

**From Delirium to Reality – Louise Gallie**

Louise shares her experience of what it’s like to experience ICU Delirium and how a patient perspective can be invaluable to healthcare professionals and the wider healthcare community. Her presentation includes an animation piece from a feature article co-produced with former BBC Journalist Chris Quevatre for World Delirium Day 2020.

Louise’s blog, [www.deliriumtoreality.com](http://www.deliriumtoreality.com/), shares her story from ICU, recovery, and beyond.