**Dr Eleni Fixter MBBS MRCPsych**

**Consultant, older people psychiatry**

**Tees Esk Wear Valley NHS Foundation Trust**

Eleni Fixter is a consultant in TEWV Mental Health Services for Older People. Eleni began her journey into delirium education in 2014 following a successful business pitch to TEWV medical educations ‘Dragons Den’. With an interest in delirium she has trained local staff to suspect, spot and stop delirium. A greater need for education was noted in the small group teaching sessions, and she set about to organise a larger MDT conference, #IcanpreventDELIRIUM conference was born.

Dr Fixter has been running the regional Delirium conference for the past 4 years with Dr Krishnan as part of the HEE NE initiative. She has also been actively involved in Word Delirium Awareness Day campaigns

Twitter: **@fix\_psych**