

# Saving Babies Lives

## Reducing Stillbirth

Tuesday 5th December 2023 Virtual Conference

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15% group booking discount\*\*



### Chair & Speakers include:

**Professor Alex Hezell**

*Clinical Director Tommy's Stillbirth Research Centre St Mary's Hospital, Manchester*

*& Steering Group Member Saving Babies' Lives Care Bundle Version 3*

**Professor Asma Khalil**

*Consultant Obstetrician and Lead, Multiple Birth and Maternal Fetal Medicine Teams*

*St George's University Hospitals NHS Foundation Trust*

**David Monteith**

*Father & Founder Grace in Action*

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# Saving Babies Lives Reducing Stillbirth

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Virtual Conference

*"1 in every 250 pregnancies ends in a stillbirth in the UK. That's 8 babies every day."  
Tommy's 2023*

Chaired by Professor Alex Heazell, Clinical Director Tommy's Stillbirth Research Centre St Mary's Hospital, Manchester & Steering Group Member, Saving Babies' Lives Care Bundle Version 3 this conference focuses on meeting the national maternity safety ambition, to halve rates of perinatal mortality from 2010 to 2025, and implement the Saving Babies Lives Version 3 Care Bundle that was released on 1st June 2023.

*"The NHS has worked hard towards the national maternity safety ambition... While significant achievements have been made in the past few years, more recent data show there is more to do to achieve the Ambition in 2025."  
Saving Babies' Lives Version Three, NHS England 1st June 2023*

*"Version 3 includes a refresh of all existing elements, drawing on national guidance such as from NICE or RCOG Green Top Guidelines, and frontline learning to reduce unwarranted variation where the evidence is insufficient for NICE and RCOG to provide guidance. It also includes a new, additional element on the management of pre-existing diabetes in pregnancy based upon data from The National Pregnancy in Diabetes (NPID) Audit."  
Saving Babies' Lives Version Three, NHS England 1st June 2023*

*"As part of the Three Year Delivery Plan for Maternity and Neonatal Services, NHS Trusts are responsible for implementing SBLCBv3 by March 2024."  
Saving Babies' Lives Version Three, NHS England 1st June 2023*

*"As Saving Babies' Lives Care Bundle (SBLCBv3) enters its third edition and its 7th year, it continues to innovate and drive forward quality improvement in key areas of maternity care. We welcome the addition of an element covering diabetes in pregnancy and the continued development of the other successful five elements... The Saving Babies' Lives Care Bundle is part of a number of initiatives to improve maternity care and safety. However, there are areas that we urgently need to address if we are to ensure a continued reduction in perinatal mortality for all women and babies"  
Katie Morris, President, British Maternal and Fetal Medicine Society June 2023*

*"Maternity care is delivered through multi-professional teams working together to support all women, requiring a wide range of skills, knowledge and expertise, and a supportive context in which these can be applied. By implementing the evidence-based, best practice elements of the Saving Babies' Lives Care Bundle, local maternity teams can ensure women receive personalised care that will continue to reduce perinatal mortality."  
Dr Raneer Thakar, President, Royal College of Obstetricians and Gynaecologists June 2023*

*"Activities on multiple fronts are going to be required which is why, amongst other actions, the full implementation in all trusts of the Saving Babies' Lives Care Bundle is needed."  
Professor Jenny Kurinczuk, Professor of Perinatal Epidemiology, Director, National Perinatal Epidemiology Unit, National Programme Lead MBRRACE-UK/PMRT, University of Oxford June 2023*

The conference will focus on the updated elements of the Saving Babies Lives Care Bundle with an extended focus on the new Element 6 covering the management of pre-existing diabetes in pregnancy for women with Type 1 or Type 2 diabetes who are known to be 4-5 times at risk of losing their baby.

*"Women with Type 1 and Type 2 diabetes have persistently high perinatal mortality with no improvement over the past 5 years."  
Saving Babies' Lives Version Three, NHS England 1st June 2023*

**This conference will enable you to:**

- Reflect on the Lived Experience of losing a baby through stillbirth
- Develop a strategy to achieve 50% reductions in stillbirth by 2025
- Reflect, assess your practice and effectively implement Saving Babies Lives Version 3 published in June 2023
- Update your care processes in line with the updated elements of the Care Bundle
- Learn from outstanding practice in implementation of SBLV3
- Implement and understand the rationale for the New Element 6: Management of Pre-existing Diabetes in Pregnancy
- Reflect on national developments and learning from MBRRACE-UK: Mothers and Babies: Reducing Risk through Audits & Confidential Enquiries
- Learn about effective, evidence based strategies for stillbirth prevention
- Implement best practice in Fetal Growth: risk assessment, surveillance and management
- Reduce pre term births and optimise perinatal care
- Improve care and support for women from diverse communities and reduce inequality
- Understand how you identify and improve the management of risk factors
- Identify key strategies for learning from perinatal mortality reviews at a local level
- Understand how you can better support women and families following stillbirth
- Self assess and reflect on your own practice
- Supports CPD professional development and acts as revalidation evidence. This course provides 5 Hrs training for CPD subject to peer group approval for revalidation purposes

## 10.00 Chair's Introduction & Welcome Saving Babies Lives: National Developments and implementation of the SBLv3

**Professor Alex Heazell**

*Clinical Director*

Tommy's Stillbirth Research Centre St Mary's Hospital, Manchester  
& Steering Group Member, Saving Babies' Lives Care Bundle Version 3

- Saving Babies Lives: national update
- learning from the Ockenden Report and implementing recommendations
- how do we achieve 50% reductions in stillbirth by 2025
- addressing inequitable outcomes associated with ethnicity and levels of deprivation
- SBLv3 – key changes and implementation

## 10.45 A Lived Experience Perspective

**David Monteith**

*Father & Founder*

Grace in Action

- a personal story of stillbirth
- what organisations and individuals can do to support women and their families
- additional considerations when contemplating another pregnancy
- delivering information to parents in a non-biased and non-fearful way

## 11.10 Comfort Break and Virtual Networking

## 11.30 Improving Support For Women and Families Following Stillbirth

**Marc Harder**

*Head of Bereavement Care & Hospital Liaison*

Sands

- ensuring effective implementation of the national bereavement care pathway
- supporting parents after a loss of a baby through stillbirth
- longer term support
- supporting parents during further pregnancies
- why is it important to engage parents in perinatal mortality reviews?
- small group discussion and feedback: what are professional experiences of the barriers and facilitators to parent engagement in review?

**Interactive breakout discussion**

## 12.15 Implementing SBLv3 in Practice

**Gaynor Armstrong** *Director of Midwifery*

**and Wendy Taylor** *Saving Babies Lives Lead Midwife*

Coventry and Warwickshire NHS Trust

- a focus on continuous improvement
- evaluating your processes and pathways against the care bundle and understanding where improvements can be made
- reporting and learning
- focus: reducing smoking in pregnancy
- our experience

## 12.45 Implementing SBLv3 – Breakout Group Discussion

## 13.00 Lunch Break & Virtual Networking

## 13.30 Saving Babies Lives: Reducing Pre Term Births

**Professor Asma Khalil**

*Consultant Obstetrician and Lead, Multiple Birth and Maternal Fetal Medicine Teams*

St George's University Hospitals NHS Foundation Trust

- raising awareness of reduced fetal movement
- improving the prediction and prevention of preterm birth
- optimising perinatal care when preterm birth cannot be prevented
- understanding risk in multiple pregnancy
- improving information for women and promoting care seeking in pregnant women

## 14.00 EXTENDED SESSION: Implementing the New Element 6 of Saving Babies Lives: Management of Pre-Existing Diabetes in Pregnancy

**Professor Eleanor Scott**

*Clinical Diabetologist Leeds Teaching Hospital NHS Foundation Trust; & Professor of Medicine (Diabetes and Maternal Health) Leeds University & Steering Group Member Saving Babies' Lives Care Bundle Version 3*

- why pre existing diabetes has been included in version 3
- improving the management of pre-existing diabetes in pregnancy for women with Type 1 or Type 2 diabetes
- improving glucose management within maternity settings
- ensuring there are standard pathways of care for MDT management of these women throughout pregnancy, with increased access to expert and 'joined-up' support for their complex care needs
- improving practice

## 14.45 Fetal Growth: Risk Assessment, Surveillance and Management in practice

**Speaker to be announced**

- fetal surveillance
- mandating digital blood pressure measurement: what does this mean in practice for frontline staff and training of midwives?
- improving the assessment and care of mothers at risk of FGR
- our experience in improving outcomes

## 15.15 Comfort Break

## 15.35 Learning from MBRRACE-UK: Mothers and Babies: Reducing Risk Through Audits and Confidential Enquiries Across The UK

**Dr Harsha Gowda**

*Consultant Neonatologist*

University Hospitals Birmingham NHS Foundation Trust

- learning from the National Perinatal Mortality Surveillance for Births
- using local MBRRACE-UK data for real time monitoring
- recognising issues of inequality
- an update on the National Perinatal Mortality Review Tool
- implications for practice and maternity care

## 16.00 A Medico-Legal Perspective on Preventing Still Birth Claims

**Nivetha Ramachandran**

*Solicitor*

Irwin Mitchell LLP

- ensuring systematic, multidisciplinary, high quality review of care when a stillbirth death occurs
- using the National Perinatal Mortality Review Tool
- involving parents in the review
- ensuring the lessons are learned and shared

## 16.35 Close

*There will be time for Question & Answers after each session*

# Saving Babies Lives: Reducing Stillbirth

## Tuesday 5th December 2023

### Virtual Conference

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#### Venue

This virtual conference will include a live stream on Zoom, interactive breakout sessions and resources available on a secure landing stage for three months after the event date.

#### Date

Tuesday 5th December 2023

#### Conference Fee

- £295 + VAT (£354.00) for NHS, Social care, private healthcare organisations and universities.
- £250 + VAT (£300.00) for voluntary sector / charities.
- £495 + VAT (£594.00) for commercial organisations.

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All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7 days after submitting your booking. The access code for the virtual portal will be sent one week before the conference.

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