**Sarah Young: Biography**

I am a Nurse Consultant Cardiology working in Brighton. I have been in this post for the past 22 years and have seen many changes and developments in cardiac nursing. As a Nurse Consultant I spend 50% of my time in clinical practice, and the remaining time covering the other aspects of the role: education and training, leadership and service development, and audit and research. My clinical work focuses on heart failure and the management of our Primary Angioplasty pathway. I lead the heart failure nursing team providing both inpatient and outpatient care for this patient group. With regards to primary angioplasty, I have redesigned our pathway to allow direct entry into the cardiac catheter labs, expanding the CCU nurse role in the process. I also provide clinical and professional leadership and nursing support to the other nurse specialists in the cardiac centre, promoting the development of specialist nursing care. I am leading the work as we develop our specialist nursing roles further for patients with arrhythmias, structural heart disease, aortopathy and Adults with Congenital Heart Disease (ACHD).

I am an experienced cardiac nurse with a Bsc (Hons) in Professional Practice and MSc Clinical Cardiology. I am a non-medical prescriber and have achieved Credentialing for working at an Advanced Practice level. I present at national and international conferences and have publications to my name.