**Biography:**

Chandos is disability & mental health advocate and active fundraiser who’s won awards for his work in his local community. After being diagnosed with a brain tumour as a child and undergoing treatment into adulthood Chandos has tried to show that despite a diagnosis you can work towards anything & live beyond a medical condition.

Chandos lives with OCD & anxiety and in 2018 appeared on the BBC podcast LifeHacks in the hope it would show the true impact of Obsessive Compulsive Disorder on day to day life. He works for Dorset Mind a mental health charity in his area where he helps to advocate, educate and challenge the stigma of mental health.

**Abstract:**

A look into the lived experience of strength-based approaches on the growth and development of Chandos Green a disability and mental health advocate and social worker. This presentation will seek to show effective practices in the strength-based approach when used in practice and what more can be done from the perspective of those it aims to help.