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How we self assess and reflect to maintain prescribing competence

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Objectives

HOW WE EVALUATE OUR PRESCRIBING PRACTICE HOW WE ACQUIRE AND MAINTAIN OUR COMPETENCE IDENTIFYING OUR SUPPORT NETWORKS

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Who am I?




Specialist Orthopaedic Pharmacist

- 1200+ bed hospital in the East of England
- Peri-operative management of medications for elective and trauma patients
- Work as part of an MDT of Pharmacists, Nurse practitioners and doctors.

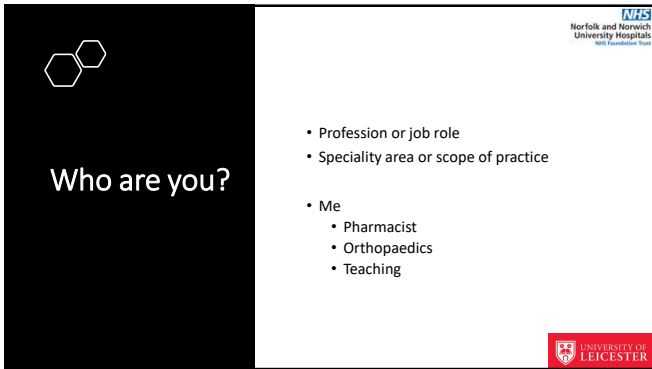
Associate Professor

- Independent Prescribing course for Pharmacists (Hospital Lead)
- Developing and delivering content.
- Including a 100% turn around switching to online teaching due to covid-19!!

Consultation skills and support networks interest



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Who are you?

- Profession or job role
- Speciality area or scope of practice
- Me
 - Pharmacist
 - Orthopaedics
 - Teaching

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Moving to electronic world

Accuracy
Quality

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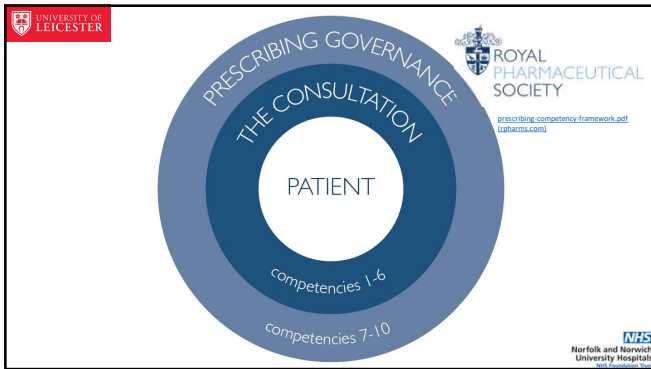
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How do we evaluate our practice?

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Bolam test

To satisfy the Bolam test, a medical professional must show that he acted in a way that a responsible body of medical professionals in the same field would regard as acceptable. The test is essentially a peer review of the doctor's behaviour - if others would have acted in a similar way, then the doctor is unlikely to have breached his duty of care.

It does not matter that other medics would have delivered a different treatment. Given the complexities of modern medicine it is possible, and even likely, that a dissenting group of doctors would have done things differently. The key point is that a group of similar professionals think that the doctor acted in an acceptable manner.

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SELF REFLECTION

We do not learn from experience... we learn from reflecting on experience.

- John Dewey

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Reflective models (Rolfe and Gibbs)

What?

What next?

So what?

Description

Feelings

Evaluation

Analysis

Conclusion

Action Plan

Gibbs Reflective Cycle

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Acquiring and maintaining competence

1. Unconscious Incompetence

2. Conscious Incompetence

3. Conscious Competence

4. Unconscious Competence

5. Conscious Competence

MASTERY (Second Nature)

Complacency

"AHA!" (Awareness)

"OUCH!" (Learning & Change)

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Why you need a support network?
You don't know what you don't know

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What support networks do you have in place?

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
Next steps

- Clearly define your support network or develop your network
- Reflect on your prescribing practice
- Identify your learning needs
- Formulate a strategy for addressing these needs
- Refer back to your network to benchmark your performance

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There are known knowns. These are things we know that we know. There are known unknowns. That is to say, there are things that we know we don't know. But there are also unknown unknowns. There are things we don't know we don't know.



[Quote](#)

Donald Rumsfeld

Thank you
Any Questions?



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