**Katharine Lazenby**

**Bio for Improving Access and Treatment for Eating Disorders conference**.

Katharine Lazenby is an expert by experience, drawing on her lived experience of eating disorders, treatment and hospitalization. She is a Project Manager at East London NHS Foundation Trust and also delivers training on eating disorders to health and social care staff across North East London. A visiting scholar at London Southbank University, she lectures on psychologically informed environments and eating disorders and has spoken at a number of national conferences about her lived experience of mental health care and recovery. She sits on the board of directors for the Design in Mental Health Network ( <https://dimhn.org/> )and is a Trustee for Hospital Rooms ( <https://hospital-rooms.com/> ). Katharine is passionate about the importance of centering lived experience in mental health training and education and the power of creativity in nurturing growth and recovery.

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