# Biography for Abbie Aplin RCM Regional Director Maternity Reform

![A person wearing glasses

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Abbie is a passionate midwife who spent her midwifery career of 35 years developing the care of women, supporting midwives and maternity support workers in practice and leading change to ensure the high-quality safe care of women and families.

Abbie joined the RCM in 2019 and is currently the RCM Director for Maternity Reform leading on the RCM response to the independent enquiries into maternity services supporting members and influencing on their behalf. This is a UK wide role working across both the professional and Trade Union arms of the RCM supporting the executive team, taking responsibility for a portfolio of strategic and operational considerations. The role links across the RCM and RCOG supporting the Independent Maternity Working Group, commissioned as per the Ockenden request for an independent group to advise and guide the MTP around implementation of the immediate and essential actions and recommendations from other reports, which includes the East Kent Kirkup independent report.

Within her role Abbie is using her positivity and hope for meaningful change in the provision of maternity services to also fulfil the RCM strategic aim to influence and support maternity services to implement high quality evidence based care, through the focus on professional practice, education, research and leadership.