Dr. Theresa Hinde

Theresa is a Consultant Anaesthetist in Torbay Hospital. She is Clinical Director of Day Surgery at Torbay and has recently completed a 4 year term as the Honorary Secretary of the British Association of Day Surgery (BADS). She completed her training in the South West region.

She has a keen interest and enthusiasm for Day Surgery that developed from a successful and productive Advanced Day Surgery module in Torbay. She was co-opted onto the BADS council as a trainee representative in 2015 and formally elected as a full council member in 2016. She works to promote BADS and its ideals.. She is keen to promote audit and continuous service improvement in Day Surgery to continue to push the boundaries in what can be achieved.

She had a key role in leading the team at Torbay Hospital when setting up an Emergency Ambulatory care pathway and is passionate about furthering ambulatory emergency surgery opportunities.

Previous day surgery projects and audits have been successfully presented in the prize sections of multiple BADS Annual Scientific meetings and the International Association of Ambulatory Surgery. She has written chapters for BADS publications, ambulatory surgery resources for the Royal College of Anaesthetists and contributed to the Journal of One Day Surgery. She is currently gaining experience in designing a new unit.

As a member of BADS Council, she is continuing to gain an invaluable insight into the workings of a national organisation, learning from experts in an area of personal clinical interest. She is keen to promote the clear benefits that day surgery has for patients and the NHS as a whole, particularly in the post COVID recovery era.