Day Case Laparoscopic Hysterectomy – Setting up and delivering a service

During this talk I will cover the process of setting up a Day Case Laparoscopic Hysterectomy service within your hospital. This service is multi-disciplinary, and its success is based on the involvement of relevant stake holders from the outset. I will share the evidence on which we based setting up our service as well as the outcome data since we commenced the service in November of 2021. At our hospital we established a protocol for the service and then piloted this and have subsequently modified this to establish the service as “opt out”.

In order to achieve a day case hysterectomy consideration needs to be given to surgical techniques and routine practices and I will cover our standard surgical approach as well as touching on anaesthetic techniques to support early mobilization and pain management. Once the procedure is complete the patients are discharged home with patient information leaflets and information about physiotherapy which I will share.

I will evidence that it is safe to deliver a day case hysterectomy service and share what the patient’s think about the service.

This talk is relevant for all those who are involved in setting up or delivering a day case hysterectomy service.

Relevant resources;

* Korsholm M, Mogensen O, Jeppesen M, Lysdal V, Traen K, Jensen P. Systematic review of same day discharge after minimally invasive hysterectomy. *International Journal of Gynecology and Obstetrics.* 2016; 136(20): 128-137
* Maheux-Lacroix S, Lemyre M, Couture V, Bernier G, Laberge PY. Feasibility and safety of outpatient total laparoscopic hysterectomy. *JSLS*. 2015; 19(e2014): 0025
* Introduction of daycase hysterectomy at University Hospitals Sussex NHSFT FINAL January 2023 v2 - Getting It Right First Time - FutureNHS Collaboration Platform
* <https://future.nhs.uk/GIRFTNational/view?objectID=156362309>