**Reducing harm form falls:**

**Focusing on inpatient falls resulting in hip fracture**

Mrs Lucy Winstanley

Head of Patient Safety & Quality

West Suffolk NHS Foundation Trust

[Lucy.Winstanley@wsh.nhs.uk](mailto:Lucy.Winstanley@wsh.nhs.uk)

Lucy Winstanley graduated as a registered nurse in 2000 and began her career nursing on the trauma unit at the John Radcliffe Hospital, Oxford. She has since worked clinically in a variety of settings including intensive care and emergency medicine in the UK and Auckland, New Zealand.

In 2015 Lucy started work in the clinical governance team at West Suffolk Hospital as a manager for the medical division and became aware of the need for robust falls prevent strategies at this point, as she was heavily involved with the investigation and action planning following the reporting of falls with harm. Although she valued the role of reporting and investigation, her passion lay in the meaningful outcome of such events.

An advocate of safety improvement Lucy is still integral to falls prevention at West Suffolk Hospital and works with the Trust Falls lead to ensure triangulation of data, together with the involvement of key staff to ensure positive outcomes for patients. Lucy is trained in Root cause analysis, Human Factors and QI method.