Helen Dockerill graduated as a physiotherapist in 2002 and began her career as a rotational physiotherapist at the West Suffolk Hospital. Helen has been team lead for the medical/ care of the elderly team and then moved across to the orthopaedic team. In December 2020 Helen started work in the Patient Quality and Safety Team as Falls Lead for the Trust. Helen is passionate about reducing falls within the trust having seen the devastating consequence that a fall can lead to for a patient and their family.